



**EAST BERKSHIRE
DRUG AND ALCOHOL ACTION TEAMS'
2011/2012 TRAINING PROGRAMME**



**SLOUGH
DRUG & ALCOHOL
ACTION TEAM**

**TACKLING
DRUGS
CHANGING
LIVES**

Bracknell Forest Drug & Alcohol Action Team

Contents

What is the East Berkshire DAAT Training Programme?.....	3
Enrolment Information.....	4
Structure of Training.....	5
Facilitator Information.....	6
Alcohol Awareness	7
Drug Level Awareness 1.....	8
Drug Awareness Level 2.....	9
Substance Misuse and Mental Health.....	10
Substance Misuse and The Family.....	11
Drugs, Alcohol and Young People.....	12
Application Form.....	13
Training Timetable and Venues.....	14-15

What is the DAAT Training Programme?

The East Berkshire Drug and Alcohol Action Team's (DAAT's) Training Programme has been developed in response to the National Drug Strategy by Slough, Windsor, Ascot and Maidenhead and Bracknell Forest DAAT's.

In order to improve the positive outcomes for drug users in treatment and to get more drug users to access treatment, it is important to ensure Tier 1 services (see in 'enrolment' on the next page to find out if this includes you) have the appropriate training to be able to signpost or refer substance misusers to the specialist treatment services available .

This brochure incorporates a range of courses which will be delivered by a specialist trainer. All courses are mapped to the Drug and Alcohol National Occupational Standards (DANOS) and incorporate Models of Care.

We hope for this training to make staff more aware of good practice when working with substance misusers in their roles and bring about positive change in the area.

The DAAT's are committed to enabling people from all communities within the area to attend our events. To help us to be inclusive , would you please indicate if you have any personal requirements necessary to facilitate your attendance. In particular we would wish to be advised of any learning or disability needs.

We hope that you find this training programme helpful and that you find the courses well explained. We would welcome any feedback that you may have about the programme and this booklet. For this and any other information, please contact any of the East Berkshire DAAT's.

Slough DAAT: (**FOR BOOKINGS**)



01753 875579



daat@slough.gov.uk

Bracknell Forest DAAT:



01344 312360



emma.mclean@bracknell-forest.gov.uk

Royal Borough of Windsor & Maidenhead DAAT:



01628 796362



daat@rbwm.gov.uk

Enrolment Information



Who can attend?:

The East Berkshire DAAT Training Programme has been designed for Tier 1 staff and volunteers in East Berkshire (which includes: Slough, Ascot, Bracknell, Windsor, and Maidenhead)

Tier 1 service providers are agencies that may engage with substance misusers but do not have a drug specific focus. If you potentially engage with substance misusers in your line of work, then you are a Tier 1 worker. Examples are listed on Page 5.



Enrolment:

To enrol on any of these courses please phone **Slough DAAT on 01753 875579**, e-mail daat@slough.gov.uk, or complete the application form (page 13).

You will need to enrol at least **2 WEEKS PRIOR** to the date of the course. This will ensure that materials and refreshments can be provided.



Cost:

The cost for attendance is £60 for a 1 day course.

If you work as a volunteer, a 1 day course will be just £30.

NB: This cost includes refreshments and lunch

Payments details are on the application form (page 13).



Cancellations:

If you are unable to attend a course you have booked, please let us know as soon as possible.

Regrettably, if you fail to give us a minimum of **10 working days notice to withdraw from the course** (except in the case of illness, please give 48 hours notice), **you will be charged the total cost of the training** as a 'cancellation fee'.

It is also not viable to offer courses for fewer than 10 participants. If a course is under-subscribed, we will endeavour to give participants as much notice as possible if we need to cancel the course.

To cancel and ensure we receive notification in good time, please call 01753 875579 and follow with an e-mail to daat@slough.gov.uk.



Structure of Training

We ask that you arrive in good time for the start of the training to avoid any disruptions to the day. (please see page 15 for details of arrival times, refreshments etc). In addition, if you are offered a place, you will be expected to attend the whole day (for full day courses). If you are unable to do this, please do not apply for that particular course - these courses will be run again during the programme timetable and you will have another chance to attend.

Refreshments and a light lunch will be provided for all courses.

In order to constantly review and improve the training we provide, you will be asked to evaluate the course you attend on the day. Any additional comments, complaints or positive feedback can be made by telephone or in writing to the DAAT's (contact details on Page 3).



Target Audiences:

Each course identifies the some staff which it could be aimed towards. Below are some examples of Tier 1 workers are:

- * Youth workers
- * Foster Carers
- * Education Welfare
- * Independent Schools
- * School Nurses
- * Child and Adolescent Mental Health staff
- * Youth Offending Teams
- * Police School Liaison Officers
- * School Teachers
- * Community Pharmacists
- * Community Mental Health Teams
- * General Practitioners
- * Doctors Receptionists
- * Practice Nurses
- * Health Visitors
- * District Nurses
- * Sexual Health Workers
- * Accident and Emergency Staff
- * Social Workers
- * Housing Officers
- * Estate Managers
- * Domestic Abuse Workers
- * Anti-Social Behaviour Workers
- * Social Work Assistants
- * Supported Housing Workers
- * Police Community Support Officers
- * Community Beat Officers
- * Community Wardens
- * Neighbourhood Watch Co-ordinators
- * Publicans and their staff
- * Probation Staff
- * Licensing Workers

Facilitator Information



Tim Morrison, who delivers all of the courses in this programme, is a freelance trainer and writer with over 15 years experience working on alcohol, drugs and related issues.

Most of his work is delivered in association with DrugScope, the UK's leading independent centre of expertise on drugs and the national membership organisation for the drug field.



Alcohol Awareness - 1 day



Aim:

This course has been designed to increase tier 1 worker's , knowledge of alcohol, the associated harms and ways of working with those affected by alcohol abuse.



Course Rationale:

This one day course examines how workers can screen clients who may have be considered to be misusing alcohol and look at the kind of support that is available.



Target Audience:

All those in day-to-day contact with people who may be affected by alcohol misuse regardless of whether their role involves working predominantly with adults or children .



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

By the end of the course, participants will be able to:

- * Describe the harm physical harm caused by alcohol consumption
- * Understand units and how to use the unit measuring system

- * Understand when it is appropriate to offer a brief intervention with a client.
- * Use common screening tools to identify where a problem may be present.
- * Use basic motivational interviewing techniques.



DANOS Modules:

- * AA1: Recognise indications of substance misuse
- * AA3: Support individuals to access services and facilities
- * AB2: Support individuals who are substance users
- * AD1: Raise awareness about substances, their use and their effects
- * AD4: Develop and disseminate information and advice about substance misuse, health and social well being

Drug Awareness 1 - 1 day



Aim:

This course has been designed as a 'foundation' course to provide participants with a basic knowledge of substance misuse, information on types of drugs and their effects, and advice on how and where to refer clients.



Course Rationale:

Substance misuse problems are a major source of anxiety at every level in society. This course seeks to enable workers to have a basic knowledge of drugs and their affects and to explore their own attitudes and to look at how they can appropriately refer on to support services.



Target Audience:

All those in day-to-day contact with members of the general public, regardless of whether their role involves working predominantly with adults or children who may be affected by Substance Misuse, this should include staff regardless of whether they are 'professionals', 'administrators' or 'volunteers'.



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

By the end of the course, participants will be able to:

- * Describe how various drugs affect the body
- * Recognise common street names for illegal drugs
- * Identify reasons why people use illegal drugs
- * Use the 'cycle of change' model to find ways to work with clients effectively
- * Describe drug laws



DANOS Modules:

- * **AA1:** Recognise indications of substance misuse
- * **AA3:** Support individuals to access services and facilities
- * **AB2:** Support individuals who are substance users
- * **AD1:** Raise awareness about substances, their use and their effects
- * **AD4:** Develop and disseminate information and advice about substance misuse, health and social well being

Drug Awareness 2 - 1 day



Aim:

To provide a basic knowledge of substance misuse and information on types of drugs and the effects and advice on how to respond to a client with a drugs problem



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

By the end of the course, participants will be able to:

By the end of the course, participants will be able to:

- * Describe the physiological effects of different drugs—particularly heroin and crack cocaine
- * Follow basic principles of harm reduction with their clients
- * Examine the social impact on the user and families and wider community
- * Refer clients to appropriate services



Course Rationale:

This course looks in some detail at the negative impact on physical and mental health of drugs like heroin and crack. It looks at the ways in which these drugs are used and how harm reduction methodologies can reduce the harm to individuals and also their families and the wider community



Target Audience:

NB: Pre-Requisite to attend Drug Awareness Level 1 or equivalent

The course is aimed at those who will be working with drug-users in a variety of settings and seek to improve their knowledge e.g. Social Workers, Child and Adolescent Mental Health Staff, Youth Offending Teams, Connexions staff, Community Pharmacists, Community Mental Health Teams, General Practitioners, Domestic Violence Workers, Police Officers, Probation Staff.



DANOS Modules:

- * **AB2:** Support individuals who are substance users
- * **HSC377:** Work in collaboration with carers in the caring role
- * **HSC388:** Relate to families, parents and carers

Substance Misuse and Mental Health - 1 day



Aim:

This course will enable participants to this course aims to provide core information on how drugs, alcohol and mental health issues interrelate.



Course Rationale:

The interface between mental health, drugs and alcohol is highly complex and not necessarily well understood. Phrases like 'dual diagnosis' cause workers considerable anxiety. Many feel unskilled in dealing with that and as a consequence clients often feel caught between services and struggle to get appropriate help - this short course introduces the issues and enables workers to examine their role.



Target Audience:

Workers in contact with mental health clients using illegal substances e.g. Child and Adolescent Mental Health staff, General Practitioners, Practice Nurses, Accident and Emergency Staff, Social Workers, Supported Housing Workers, Probation Staff.



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

By the end of the course, participants will be able to:

- * Discuss how illegal substances alter emotional states
- * List ways in which patterns of substance use impact on a clients mental health
- * Describe how illegal drugs may negatively affect mental health
- * Examine the implications for clients of models like 'dual diagnosis'
- * Review respective roles, information sharing and referral pathways



DANOS Modules:

- * **AA1:** Recognise indications of substance misuse
- * **AB2:** Support individuals who are substance users
- * **MH2:** Enable people with mental health needs to access and benefit from a service

Substance Misuse and the Family - 1 day



Aim:

To support practitioners working with families where substance misuse may be an issue and understanding the impacts of substance use on parenting and children.



Course Rationale:

The problematic use of drugs and alcohol by parents has the potential to have a huge impact on the lives of their children in many negative ways.

A major and appropriate anxiety for workers is how confident they can be that a child is safe and getting what they need to thrive well. Drawing on the insights of Hidden Harm and other relevant evidence this course looks at what workers need to do to help parents and families minimise the potential harm that could be caused by drugs and alcohol.



Target Audience:

Workers in contact with families where drug use is an issue e.g. Youth workers, Foster Carers, Education Welfare, School Nurses, Community Mental Health Teams, Social Workers, Housing Officers, Domestic Abuse Workers, Anti-Social Behaviour Workers.



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

By the end of the course, participants will be able to:

- * Describe how substance use in families (by parents) can cause risk to children
- * Consider the strategies for addressing substance use in families
- * Help families to minimise the impact of their substance use
- * Be more confident in responding to familial substance use and how to refer and report effectively
- * Decide when it is relevant to make a referral to the local authority



DANOS Modules:

- * **AB2:** Support individuals who are substance users
- * **HSC377:** Work in collaboration with carers in the caring role
- * **HSC388:** Relate to families, parents and carers

Drugs, alcohol and young people



Aim:

This course will help you to understand the types of drugs and alcohol young people use, why they use them, and how things are changing



Course Rationale:

There is increasing evidence of young people using substances, such as, ketamine, GHB, steroids and a range of legal highs, including alcohol. The course will help you to recognise drug/alcohol issues with young people, respond to them appropriately, and know when to refer to specialist help.



Target Audience:

All those in day-to-day contact with members of young people, regardless of whether their role involves working predominantly with substance misuse or more general issues e.g. youth workers, social workers, community leaders etc.



Dates / Venues / Times:

Please see Pages 14-15 for details of course dates, times and venues.



Objectives/Learning Outcomes:

- * Describe the nature and extent of substance use amongst young people
- * List factors that influence young people to become involved in drugs and alcohol
- * Identify factors that increase the vulnerability of young people through their own or others substance use (e.g. physical and mental health)
- * Provide some substance related advice and information to young people
- * Clarify their role in supporting a young persons substance use
- * Describe when to involve other agencies



DANOS Modules:

- * **AA1:** Recognise indications of substance misuse and refer individuals to specialists
- * **AB2:** Support individuals who are substance users
- * **HSC330:** Support individuals to access and use services and facilities
- * **AD1:** Raise awareness about substances, their use and effects

Application Form

Name:

Job title:

Organisation:

Work Address:

Home Address:

Name of course:

Contacts

Work:

Mobile:

Home:

E-mail:

Date of course:

Special needs (mobility etc):

Dietary requirements (for 1 day courses only):

Managers details: Name:

Address:

Telephone:

Please note that there will be a charge of the FULL FEE if participants do not give 10 working days notice (in cases of illness, 48 hours) of cancellation.

You will be invoiced by Bracknell Forest Council after the training date.

An e-mail version of this application can be requested. Please e-mail:
daat@slough.gov.uk.

Remove / Photocopy this page and return to:

Slough DAAT, Slough Borough Council, St Martins Place, 51 Bath Road, Slough,
SL1 3UF T: 01753 875579 E: daat@slough.gov.uk

Training Timetable

COURSE	DATE	LOCATION
Alcohol Awareness	November 22nd 2011	Slough, Pluto Suite 1. SMP
	February 24th 2012	Bracknell, 5th Floor Function Room. EH
	July 15th 2011	RBWM, Desborough 2/3. MTH
Drug Awareness 1	May 13th 2011	Slough, Committee Room 2. STH
	November 9th 2011	Slough, Committee Room 2. STH
	June 17th 2011	Bracknell, 2nd Floor Meeting Room. TS
	February 20th 2012	Bracknell, 2nd Floor Meeting Room. TS
	September 20th 2011	RBWM, Ascot/Bray. MTH
	March 22nd 2012	RBWM, Ascot/Bray. MTH
Drug Awareness 2	July 12th 2011	Slough, Pluto Suite 1. SMP
	November 25th 2011	Bracknell, 5th Floor Function Room. EH
	March 15th 2012	RBWM, Desborough 2/3. MTH
Substance Misuse and the Family	October 13th 2011	Slough, Mercury Suite 1. SMP
	June 24th 2011	Bracknell, 2nd Floor Meeting Room. TS
	March 13th 2012	RBWM, Ascot/Bray. MTH
Substance misuse and Mental Health	January 17th 2012	Slough, Mercury Suite 1. SMP
	September 23rd 2011	Bracknell, 5th Floor Function Room. EH
	June 27th 2011	RBWM, Ascot/Bray. MTH
Drugs, alcohol and young people	July 18th 2011	Slough, Committee Room 1. STH
	January 19th 2012	RBWM, Desborough 2/3. MTH

2011/2012 Course Details and Venues

Course Details:



Arrive: 9:00am for a 9:30am start



Finish: approx 4:00pm



Lunch will be provided. Tea and coffee provided throughout the day
£60 per person (if you are a volunteer £30).



Cancellation fees: please see cancellation policy on Page 4

Course Slides and Further Information:

You will be sent the training slides and handouts by e-mail after the training course - this is in an effort to save paper and costs.

Venues:

PARKING: Some of these venues DO NOT have free parking. Please pay attention to parking information for each venue for the best options available to you - East Berkshire DAATs will not be held liable for any parking charges you incur.

SMP: *St Martins Place, 51 Bath Road, Slough, SL1 3UF*

(parking available free of charge at Montem Leisure Centre, located behind St Martins Place off Montem Lane)

STH: *Slough Town Hall, Bath Road, Slough, SL1 3UFQ*

(parking available free of charge at Montem Leisure Centre, located behind St Martins Place off Montem Lane)

EH: *Easthampstead House, Town Square, Bracknell, RG12 1AQ*

(No free parking available. The nearest car parks are High Street Car park and Charles Street Car Park at a charge)

TS: *Time Square, Market Street, Bracknell, Berkshire RG12 1JD*

(No free parking available. The nearest car parks are High Street Car park and Charles Street Car Park at a charge)

MTH: *Maidenhead Town Hall, St Ives Road, Maidenhead, SL6 1RF*

(No free parking available. The nearest car parks are Sainsbury's off St Cloud Way/A4 or the Nicholson's Centre off The Broadway at a charge)

All of the training venues are also well served by public transport!

